

Stop Spam



Like telemarketing and credit card offers, spam is abundant, invasive, and annoying, but there is something that you can do!



First Class

At School:

Forward all spam to spam@usn.org. This email account is reviewed several times a week and new spam senders are added to the appropriate filters within Mail Marshall.

At Home:

1. **Never unsubscribe.** When you unsubscribe, you verify that the email address is live and now the sender knows it. And so do the sender's buddies. That means more spam.
2. **Advise your ISP.** They may or may not be able to help, but it is always worth a try. It maybe as simple as adding the address to a filtering list.
3. **Email Filters.** Check into your email program. Some programs (i.e. Outlook Express) allow you to add senders to a junk mail list. The program then blocks emails from those senders.

To Avoid Spam:

Be very wary of giving out your home email. If you shop online or visit sites that request your email address, open an email account with one of the many free services available. Any time that you are on the web and are asked for email information, give the information relating to the free email account and keep your home account off the books.